

Foods Available at CAAC for Skin Testing

If there is a food that you would like to be tested for that is NOT on this list, please bring it in to your appointment (we will need at least 1 tablespoon worth for testing)

Almond	Egg	Pine nut
Annatto	Egg whites	Pineapple
Apple	Flax seed	Pistachio
Avocado	Flounder	Poppy seeds
Banana	Food coloring	Pork
Baked egg muffin	Garlic powder	Pumpkin seeds
Baked milk muffin	Gelatin	Quinoa
Basil	Gluten	Raspberry
Beef	Grain alcohol	Rice
Bell pepper green	Hazelnut	Salmon
Black beans	Hazelnut spread	Scallop
Black pepper	Honey	Sesame
Brazil nut	Kiwi	Shrimp
Cantaloupe	Lentil	Sorghum flour
Caraway seeds	Lobster	Soy
Carrot	Macadamia nut	Soy Protein
Cashew	Mango	Isolate
Cherries	Milk	Squash
Chia seed	Milk powder	Strawberry
Chili powder	Mustard	Sunflower seeds
Chicken	Mushroom	Tuna
Chickpeas	Oat	Walnut
Cinnamon	Onion Powder	Wheat
Clam	Orange	Wheat Protein
Cocoa powder	Oyster	Isolate
Coconut	Pea protein	Whey Protein
Cod fish	Peach	Xanthan gum
Corn	Peanut	Zucchini
Crab	Peanut butter	
Cranberry	Pecan	